

Talli Y. Rosenbaum, MSc.

Individual and Couple Therapist

Certified Sex Therapist

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Talli Yehuda Rosenbaum is an individual and couple therapist and is certified as a sex therapist by The American Association for Sex Educators, Counselors and Therapists ([AASECT](#)), as well as the Israeli Society for Sex Therapy ([ISST](#)). She is co-author of the book *["I am For My Beloved: A Guide to Enhanced Intimacy for Married Couples."](#)* and co-edited the Springer textbook entitled *["The Overactive Pelvic Floor."](#)* Talli cohosts the [Intimate Judaism](#) podcast, She has authored over 40 [journal articles and several book chapters](#) on sexual pain disorders, sexual health, unconsummated marriage, and sexuality and Judaism and is an associate editor of the [Sexual Medicine Reviews](#). Talli earned a Masters in Clinical Sociology and Counseling and a certificate in Mental Health Studies from the University of North Texas in Neve Yerushalayim. She holds a bachelors degree in Physical Therapy from Northwestern University and before training in psychotherapy, treated patients as a physical therapist for 25 years. In addition to maintaining an active private practice, Talli is the academic advisor for [Yahel: The Center for Jewish Intimacy](#). Talli frequently lectures both in Israel and abroad, both to lay as well as professional audiences.

Academic

Guest Faculty Member

Bar-Ilan University Sex Therapy Program

Israeli Institute for Family and Marital Studies (YNR)

Tel Aviv University School of Medicine "Sex and Sexuality" course

Academic Coordinator

Yahel: The Center for Jewish Intimacy

Private practice:

Sexual, and Marital and Individual Counseling

Jerusalem and Bet Shemesh

Certifications and Appointments

Past Associate Editor, Journal of Sexual Medicine

Associate Editor, Sexual Medicine Reviews

AASECT Certified Sex Therapist

Israel Sex Therapy Association Certified Sex Therapist

Past Member, International Association for Sex Research

Past Fellow, International Society for the Study of Women's Sexual Health

Publications

Books

"I am For My Beloved: A Guide to Enhanced Intimacy for Married Couples: Urim Publications, November 2019

[The Overactive Pelvic Floor](#), Padoa, A, Rosenbaum, T (Eds) Springer Publications, 2016

Journal Publications

Rosenbaum, T.Y. [Limits of Pelvic Floor Physical Therapy in the Treatment of GPPD](#). *Curr Sex Health Rep* (2018). <https://doi.org/10.1007/s11930-018-0144-7>

Heinemann, J., Atallah, S. & **Rosenbaum, T.** [The Impact of Culture and Ethnicity on Sexuality and Sexual Function](#) *Curr Sex Health Rep* (2016) 8: 144. doi:10.1007/s11930-016-0088-8

Rosenbaum, T (2016): [A clinician's guide to systemic sex therapy](#), 2nd edition, by Gerald Weeks, Nancy Gambescia, and Katherine M. Hertlein, Sexual and Relationship Therapy

Brotto, L., Atallah, S., Johnson-Agbakwu, C., **Rosenbaum, T.**, Abdo, C., Byers, S., Graham, C., Nobre, P., & Wylie, K. *Journal of Sexual Medicine* [Psychological and interpersonal dimensions of sexual function and dysfunction](#). <http://dx.doi.org/10.1016/j.jsxm.2016.01.019>

Atallah, S., Johnson-Agbakwu, C., **Rosenbaum, T.**, Abdo, C., Byers, S., Graham, C., Nobre, P., Wylie, K. & Brotto, L, [Ethical and sociocultural aspects of sexual function and dysfunction in both sexes](#). *Journal of Sexual Medicine* <http://dx.doi.org/10.1016/j.jsxm.2016.01.02>of Sexual Medicine

Rosenbaum, TY, Barnard, E, Wilhite, M. [Psychosexual aspects of vulvar disease](#). *Clin Obstet and Gyn Sep*;58(3):551-5. doi: 10.1097

Yehuda R, Lehrner A, and **Rosenbaum TY**. [PTSD and sexual dysfunction in men and women](#). *J Sex Med* 2015;12:1107–1119.

Meiri R, **Rosenbaum TY**, and Kalichman L. [Sexual function before and after total hip replacement: Narrative review](#). *Sex Med Article* first published online: 21 AUG 2014

Susan Kellogg Spadt, Talli Y. Rosenbaum, Alyssa Dweck, Leah Millheiser, Sabitha Pillai Friedman, Michael Krychman Sexual Health and Religion: [A Primer for the Sexual Health Clinician \(CME\)](#) (pages 1606–1619) 3 JUL 2014 | DOI: 10.1111/jsm.12593

- Talli Y. Rosenbaum, Aloni, Ronit, Heruti, Rafi. [Surrogate Partner Therapy: Ethical Considerations in Sexual Medicine](#) Journal of Sexual Medicine 11/2013
- Talli Y. Rosenbaum (2013) [Expanding the Practice of Sex Therapy](#) Journal of Sex and Relationship Therapy DOI:10.1080/14681994.2013.853875
- Talli Y. Rosenbaum, Vadas, Dor, Kalichman, Leonid, (2013) [Sexual Function in Post Stroke Patients: Considerations for Rehabilitation](#), Journal of Sexual Medicine DOI: 10.1111/jsm.12343
- Talli Y. Rosenbaum (2013): [An integrated mindfulness-based approach to the treatment of women with sexual pain and anxiety: promoting autonomy and mind/body connection, Sexual and Relationship Therapy](#), Journal of Sex and Relationship Therapy DOI:10.1080/14681994.2013.764981
- Talli Y. Rosenbaum (2012): [The sexual healing journey, Sexual and Relationship Therapy](#), DOI:10.1080/14681994.2012.73460
- Rosenbaum, T., De-Paauw, E. Aloni, R., Heruti, R. [The Ultra-Orthodox Jewish Couple in Israel: An interdisciplinary sex therapy case study. Journal of Sex and Marital Therapy 05/2013; 39\(5\).](#)
- Rosenbaum, TY, Padoa, [A.Managing Pregnancy and Delivery in Women with Sexual Pain Disorders. The Journal of Sexual Medicine](#), 2012;9:1726–1735.
- Rosenbaum, TY. [If I Forget You, O Jerusalem, Let My Right Hand Forget Its Skill \(Psalms 137:5\)](#) The Journal of Sexual Medicine, 9:1233–1234
- Rosenbaum, TY. [How well is the multidisciplinary model working?](#) The Journal of Sexual Medicine, 8: 2957–2958
- Rosenbaum, TY. [Pelvic Floor Rehabilitation: Indications and Methods.](#) Minerva Urologica e Nefrologica, 2011 March;63(1):101-7. PMID: 21336249
- Rosenbaum, TY. [Addressing Anxiety In-Vivo in Physiotherapy Treatment of Women with Severe Vaginismus: A Clinical Approach](#) (2011) J Sex and Marital Therapy 37(2): 89-93
- Friedman, M., Labinsky, E., Rosenbaum, T., Schmeidler, J. & Yehuda, R [Observant Married Jewish Women and Sexual Life: An Empirical Study](#) Conversations Issue 5 Autumn 2009/5770: Institute for Jewish Ideas and Ideals
- Rosenbaum TY, Ben-Dror I., [The role of physical therapy in the treatment of female sexual dysfunction.](#) Harefuah. 2009 Sep;148(9):606-10, 657. Hebrew. PMID: 20070050
- Rosenbaum, TY. [Physical Therapy Treatment of Persistent Genital Arousal Disorder in Pregnancy: A Case Report.](#) J Sex Med Volume 7, Issue 3, Date: March 2010,1306-1310 PMID: 20059652
- Rosenbaum, TY. [Musculoskeletal Pain and Sexual Function in Women](#) J Sex Med. 2010 Feb;7(2 Pt 1):645-53. Epub 2009 Sep 14. PMID: 19751383
- Rosenbaum, T.(2009) [Applying theories of social exchange and symbolic interaction in the treatment of unconsummated marriage/relationship](#), Sexual and Relationship Therapy,24:1,38 – 46
- Rosenbaum, T., [The Role of Physical Therapy in Female Sexual Dysfunction.](#) Current Sexual Health Reports 2008, 5:97-101.

Rosenbaum, T. Owens, A [The Role of Pelvic Floor Physical Therapy in the Treatment of Pelvic and Genital Pain Related Sexual Dysfunction](#). J Sex Med. 2008 Mar;5(3):513-23; quiz 524-5.

Yehuda R, Friedman M, Rosenbaum TY, Labinsky E, Schmeidler J. [History of Past Sexual Abuse in Married Observant Jewish Women](#) Am J Psychiatry. 2007 Nov;164(11):1700-6. PMID: 17974935

Rosenbaum TY, [Pelvic floor involvement in male and female sexual dysfunction and the role of pelvic floor rehabilitation in treatment: A literature review](#). J Sex Med. 2007 Jan;4(1):4-13. Review.PMID: 17233772

Rosenbaum, TY, [The role of physiotherapy in sexual health: Is it evidence based?](#) Journal of the Association of Chartered Physiotherapists in Women's Health Autumn 2006 pp. 58-71

Rosenbaum T [Managing postmenopausal dyspareunia: beyond hormone therapy](#).The Female Patient. 2006;31:1-5

Rosenbaum TY. [Physiotherapy treatment of sexual pain disorders](#). J Sex Marital Ther 2005;31:329-40. J Sex Marital Ther. 2005 Jul-Sep;31(4):329-40. PMID: 16020150

Whipple, B., & Rosenbaum, TY (2004). [The controversy over Kegels: Are women doing them correctly?](#) The Alexander Foundation for Women's Health: Newsletter, 3, 14-16

Ribner, D.S. Rosenbaum, TY (2004). [Evaluation and Treatment of Unconsummated Marriage Among Orthodox Jewish Couples](#). J Sex Marital Ther. 2005 Jul-Sep;31(4):341-53. PMID: 16020151

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Book Chapters

Rosenbaum, TY (2014) [Adressing Psychosexual Components of Pelvic Pain in Abdominal and Pelvic Pain-From Definition to Best Practice](#): Messelink, B, Baranowski, A., Hughes, J Wolters Kluwer

Physical Therapy: Evaluation of Dyspareunia

Female Sexual Pain Disorders: Evaluation and Management by Pukall,C, Goldstein, A. and Goldstein, I.

Wiley-Blackwell Publishing, Oxford (March 2009)

Physical Therapy and Sexual Health

Sexual Health edited by Owens, A. & Tepper, M.

Praeger, Westport, CT (2007)

Judaism and Sexuality with Ribner, D.

Sexual Health edited by Owens, A. & Tepper, M.

Praeger, Westport, CT (2007)

Physical Therapy Treatment of Sexual Pain Disorders

Principles and Practice of Sex Therapy edited by Leiblum, S.

Guilford Publications (2007)

Physical Therapy for Female Sexual Dysfunction

When Sex Isn't Good by Arleque, L. & Goldstein, S.

Universe, Lincoln, NB (2007)

Sexual Anatomy and Physiology and Pregnancy Postpartum Fitness
A Lifetime Companion to the Laws of Jewish Family Life by Zimmerman, D.
Urim Publications, (2004)

Instructor in Continuing Education

Online course for physical therapists: MEDBRIDGE
Part A: [Sex and Sexuality in Physical Therapy Practice](#)
Part B: [Sexuality for Pelvic Floor Practitioners](#)
Part C: [Addressing Psychosocial Factors in Treatment of Sexual Pain Disorders](#)

Audio Classes

[Down Under: What Every Sex Therapist Should Know About the Pelvic Floor](#)
[Female Sexual Function: Integrating Sexual Medicine with Sex Therapy](#)
["Just Relax": Understanding Sexual Pain and Anxiety](#)

Webinars

PTSD and Sexual Function: Post traumatic Sex Disorder Part 1 and 2

[The Basics of Sexual Function and Dysfunction](#)

[Sexuality Throughout the Lifecycle](#)

[Bridging Emotional and Physical Intimacy](#)

[Adjusting to Intimacy: Addressing Sexuality in Newly Married Traditional Couples](#)

Professional Presentations

Workshops

Psychology of the Pelvic Floor

One and two day- long workshop on sex and sexuality for pelvic floor practitioners

Montreal, Canada
May, 2017

Cambridge, UK
July, 2016

Melbourne, Australia
August, 2014

Perth, Australia

August, 2015

Sydney, Australia
August, 2015

Wellington, NZ
August, 2015

Leeds, UK
May, 2014

Lisbon, Portugal
October, 2012

Conference Presentations

Sunday, October 7th, 2018
Non Medical Approaches to the Treatment of Pelvic Pain
Joint SIU-ICS Symposium
Seoul, South Korea

Friday, November 13, 2016
An integrated approach to the multidisciplinary treatment of sexual pain disorders
COGI -24th World Congress on Controversie
Amsterdam, The Netherlands

Friday, October 14th, 2016
Addressing Psychosexual Components of Chronic Pelvic Pain in Medical and Physical Therapy Practice
International Pelvic Pain Society Meeting
Chicago, Illinois

Wednesday, February 4, 2015
Addressing the Psychosexual Components of Chronic Pelvic Pain
Combined Sections Meeting, APTA
Indianapolis, Indiana USA

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Sunday, February 22nd, 2014
Mindfulness Based Treatment of Sexual Pain Disorders
ISSWSH Conference
Austin, Texas USA

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Friday, May 1, 2015
Addressing Sex In Women's Health Physiotherapy Practice: Foundations And Skills
WCPT Conference
Singapore, China

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Secrets of the Female Orgasm

Conference on the Pelvis

Tel Aviv, Israel

March, 2014

- Workshop to medical students on evaluation and treatment of sexual dysfunction

Medical School for International Health

Ben Gurion University of the Negev

March, 2014

Infidelity in the Religious Community (with Dr. David Ribner)

Nefesh International Conference

Jerusalem, Israel

January, 2014

The Unconsummated Relationship:

Yearly conference of the Israeli Women's Health Physiotherapy Association

Jerusalem, Israel

October, 2013

- Physical Therapy for treatment of vulvo-vaginal pain

Invited speaker

International Society of the Study of Vulvar Diseases: Postgraduate Course

Tel Aviv, Israel

October, 2013

- Sex Therapy in the Ultra-Orthodox population: Case study of an unconsummated marriage

Nefesh Conference

Bnei Brak, Israel

September, 2013

- Feminism in the Bedroom: How gender roles and egalitarianism affect sexuality

Kolech Conference

Ramat Gan, Israel

September, 2013

- Addressing psychosexual components of chronic pelvic pain in medical and physical therapy practice

Invited Speaker

World Conference on Abdominal and Pelvic Pain

Amsterdam, The Netherlands

June, 2013

- Addressing Sexual Pain and Anxiety with Physiotherapy

Invited Speaker

World Sexual Medicine Conference

Chicago, IL

August, 2012

Addressing Sexual Pain and Fear with Mindfulness: An Integrated Workshop for Medical and Mental Health Professionals:

AASECT Conference

Austin, TX

June, 2012

Unraveling the Mysteries of the Pelvic Floor:

AASECT Conference

Austin, TX

June, 2012

Pelvic Floor Dysfunction: Causes and Treatment

Instructional Course

ISSWSH

Jerusalem, Israel

February, 2011

From Immaculate Conception to Mindful Birth: Managing Penetration Disorders in the Childbearing Years

Lunch and Learn

ISSWSH

Jerusalem, Israel

February, 2011

Addressing Anxiety in Pelvic Floor Physiotherapy

Invited Speaker

Conference Pelvic Floor Physiotherapy Macabi

Tel Aviv, Israel

September, 2011

Too Much Information or Not Enough: Sexuality Education in the Religious Sector

Kolech Conference

Jerusalem, Israel

July, 2011

The Experience of Objectification in Young Orthodox Jewish Women Experiencing Sexual Problems

Kolech Conference

Jerusalem, Israel

July, 2011

Addressing Aversion and Pain in the treatment of Severe Sexual Pain Disorders:

Invited Speaker and Educational Course Director

ISSWSH

Scottsdale, Arizona

February, 2011

After the Chuppah: Unconsummated Marriage in the Orthodox Community

Family Institute

Jerusalem, Israel

January, 2011

Pelvic Floor Rehabilitation: Indications and Methods

Invited Speaker: International Urogynecological Association

Tel Aviv, Israel

October, 2010

Marital Intimacy throughout the Lifecycle

Invited speaker: Nefesh Chicago
Chicago, Illinois
May, 2010

The Role of the Pelvic Floor in Women's Sexual Health
Invited speaker: Chicagoland Pelvic Floor Society
Chicago, IL, 2010

Physical Therapy Treatment of Sexual Pain Disorders
Invited speaker: Israeli Urogynecological Association
March, 2010
Tel Aviv, Israel

The Unconsummated Relationship
Invited speaker: State of the Art lecture
Annual Conference ISSWSH (International Society for Women's Sexual Health)
Feb, 2010
Tampa, Florida

Physical Therapy for Persistent Genital Arousal Disorder
Poster Presentation, ISSWSH (International Society for Women's Sexual Health)
Annual Conference
Feb, 2010
Tampa, Florida

The Core and Sexual Dysfunction
Invited Keynote Speaker, International Conference IOPTWH (International Organization of Physical Therapists in Women's Health)
October, 2009
Lisbon, Portugal

Multimodal Approach to the Treatment of Unconsummated Marriage
Workshop, Women's' Mental Health Annual Conference
September 2008
Beersheva, Israel

Sex is an ADL, Too: Relevance of Sexual Function in Physiotherapy Practice
Invited Lecture, IPTS (Israel Physiotherapy Society)
National Conference, May 2008
Tel Aviv, Israel

The Role of the Pelvic Floor in Male and Female Sexual Dysfunction
Presentation, STARR (Society for Sex Therapy and Research) Annual Conference
March 2008
Chicago, IL

Defining Sexual Pain Disorders
The Role of the Pelvic Floor in Female Sexual Dysfunction
Behavioral Therapy for Sexual Pain Disorders
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference: Preconference Workshop, February 2008
San Diego, CA

Dilemmas of Desire: A Multimodal Approach for Working with Sexless Couples

Invited workshop with Esther Perel, LMFT
ISSWSH Annual Conference
February 2008
San Diego, CA

Can Pelvic Floor Physical Therapy Improve Vaginal Lubrication: Three Case Reports
Poster Presentation, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference
February 2008
San Diego, CA

Putting Intimacy Back into Marriage
Workshop with Anna Wruble, RN, EdD
Workshop, Nefesh Annual Conference
January 2008
Jerusalem, Israel

Pelvic Floor Involvement in Male and Female Sexual Dysfunction
Invited Speaker, HILAM (Israel Sexual Medicine Society)
Annual Conference, July 2007
Tel Aviv, Israel

Understanding the Role of Physical Therapy in Sexual Pain Disorders
Workshop, AASECT (American Association of Sexual Educators, Counselors and Therapists)
Annual Conference, June 2007
Charlotte, NC

The Religious Sex Therapist: Faith and Professionalism in the 21st Century
Workshop with David Ribner, DSW
AASECT (American Association of Sexual Educators, Counselors and Therapists)
Annual Conference, June 2007
Charlotte, NC

The Role of Physiotherapy in Sexual Health: Is it Evidence Based?
Oral Presentation, IPTS (Israel Physiotherapy Society)
National Conference, March 2007
Tel Aviv, Israel

Pelvic floor involvement in male and female sexual dysfunction and the role of pelvic floor rehabilitation in treatment.
Oral Presentation, EFS (European Federation of Sexology)
June 2006
Prague, Czech Republic

Physical Therapy Treatment of Sexual Pain Disorders
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference
October 2005
Las Vegas, NV

Physiological Approaches to Sexual Disorders
Conference on Multidisciplinary Approach to Female Sexuality
Counseling Center for Women
Female Interdisciplinary Forum,

September 2005

Jerusalem, Israel

Physiotherapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis Syndrome:

A Hands- On Approach

Oral poster presentation, HILAM (Israel Sexual Medicine Society)

National Conference

June 2005

Tel Aviv, Israel

Physiotherapy for Sexual Pain Disorders

Pain and the Mind/Body Connection

Physiotherapy Conference: Medax

May 2005

Tel Aviv, Israel

Psychological Approaches to Dyspareunia: A Review of the Literature

Physiotherapy Conference: Mind and Body in Women's Health Physiotherapy

April 2005

Tel Aviv, Israel

State of the Art Lecture: Physiotherapy for Pelvic Floor Disorders

First Israeli Conference on the Multidisciplinary Approach to Pelvic Floor Dysfunction

January 2005

Tel Aviv, Israel

Sexual Satisfaction Among Married Orthodox Women

ITAM (Israel Sex Therapy Association) Conference

December 2004

Tel Aviv, Israel

Sexual Satisfaction Among Married Orthodox Women

ISSWSH (International Society for the Study of Women's Sexual Health)

Conference

October 2004

Atlanta, GA

Sexual Satisfaction Among Married Orthodox Women

5th Annual American Psychiatric Association Conference

May 2004

New York, NY

Vulvar Pain and Sexual Dysfunction

Nishmat Conference of Women's Health and Jewish Law

July 2003

Jerusalem, Israel

Interstitial Cystitis, Vulvar Vestibulitis, and Dyspareunia: A Physiotherapy Approach

Annual Conference of the Israel Physical Therapy Association

Women's Health Special Interest Group

February 2003

Tel Aviv, Israel

Physical Therapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis:

A Hands-On Approach
Poster, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference, October 2002
Vancouver, Canada

Dyspareunia in Post Menopausal Women: A Therapeutic Response
EFS (European Federation of Sexology)
June 2002
Limasol, Cypress

Helping Religious Couples Deal with the Challenges of Marital Intimacy
NEFESH: Israel Conference
February 2002
Jerusalem, Israel

Female Intimacy and Sexuality in the Golden Years
National Annual Congress of Isha L'isha (Haifa Feminist Center)
June 2001
Haifa, Israel

Sexual Health Organization volunteer positions

AASECT Counselor Certification Chair
AASECT International Regional Chair
AASECT Ethics Committee Member
Board of Director ISSWSH
Fellowship Certification Committee Member ISSWSH

Professional Organization Appointments

Local Organizing Chair
2012 Conference of the International Society for the Study of Women's Sexual Health
Jerusalem, Israel

International Regional Membership Chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

Certifications committee chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

International outreach committee chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

Board Member
ISSWSH (International Society for the Study of Women's Sexual Health)

Board Member
Women's Health and Pelvic Floor Special Interest Group of the Israel Physical Therapy Association

Israeli Delegate

IOPTWH (International Organization of Physical Therapists in Women's Health)

Professional Advisory Board

The Women's Sexual Health Foundation

Professional Advisory Board

Alexander Foundation for Women's Health

Current and Past Professional Affiliations

Full member: International Association for Sex Research
International Society for the Study of Vulvar Disease
Israeli Society for Sexual Medicine
International Society of Sexual Medicine
Israel Sex Therapy Association: affiliate member
International Society for the Study of Women's Sexual Health
American Association of Sex Educators, Counselors and Therapists
Israel Physical Therapy Association
IPTA Women's Health Interest Group
Female Interdisciplinary Intimacy Forum
Nefesh: The International Network of Orthodox Health Professionals

Education

University of North Texas MSc program in Clinical Sociology and Counseling and Neve Yerushalayim Certificate in Mental Health and Family Studies	2006 -2010
Bachelor of Science in Physical Therapy Northwestern University Medical School Chicago, Illinois	1983 - 1984
Touro College New York, NY <i>Pre-Physical Therapy</i>	1981 - 1983