

Talli Y. Rosenbaum, BS, MSc.

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Bet Shemesh, Israel

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Profile

A leader in the field of physical therapy for sexual pain disorders. Private practice physical therapist and AASECT certified sex therapist with over 20 years experience specializing in urogynecological rehabilitation. Individual and couples therapist since 2010.

Certifications and Appointments

Associate Editor, Journal of Sexual Medicine

AASECT Certified Sex Therapist

Full Member, International Association for Sex Research

Fellow, International Society for the Study of Women's Sexual Health

Guest Faculty:

Bar-Ilan University Sex Therapy Program

Puah Institute

Israeli Institute for Family and Marital Studies (YNR)

Tel Aviv University School of Medicine "Sex and Sexuality" course

Herman and Wallace

Owner, Private practice:

Inner Stability, Ltd

Sexual, and Marital and Individual Counseling

Pelvic floor consultation and treatment

Jerusalem, Tel Aviv, Bet Shemesh

Staff member:

Dr. Ronit Aloni, Sex Therapy Clinic

Tel Aviv

Instructor and Co-coordinator
Bi-annual Pelvic Floor Rehabilitation Course
Tel Aviv, Israel

Publications

Book chapters :

Physical Therapy: Evaluation of Dyspareunia
Female Sexual Pain Disorders: Evaluation and Management by Pukall,C, Goldstein,
A. and Goldstein, I.
Wiley-Blackwell Publishing, Oxford (March 2009)

Physical Therapy and Sexual Health
Sexual Health edited by Owens, A. & Tepper, M.
Praeger, Westport, CT (2007)

Judaism and Sexuality with Ribner, D.
Sexual Health edited by Owens, A. & Tepper, M.
Praeger, Westport, CT (2007)

Physical Therapy Treatment of Sexual Pain Disorders
Principles and Practice of Sex Therapy edited by Leiblum, S.
Guilford Publications (2007)

Physical Therapy for Female Sexual Dysfunction
When Sex Isn't Good by Arleque, L. & Goldstein, S.
Universe, Lincoln, NB (2007)

Sexual Anatomy and Physiology and Pregnancy Postpartum Fitness
A Lifetime Companion to the Laws of Jewish Family Life by Zimmerman, D.
Urim Publications, (2004)

Journal Publications:

Rosenbaum, T, Surrogate Partner Therapy: Ethical Considerations in Sexual
Medicine Journal of Sexual Medicine 11/2013

Rosenbaum, T. *Expanding the Practice of Sex Therapy* Journal of Sex and Relationship Therapy DOI:10.1080/14681994.2013.853875- 2013

Rosenbaum, T., Vadas, Dor, Kalichman, Leonid., *Sexual Function in Post Stroke Patients: Considerations for Rehabilitation*, Journal of Sexual Medicine DOI: 10.1111/jsm.12343- 2013

Rosenbaum, T., *An integrated mindfulness-based approach to the treatment of women with sexual pain and anxiety: promoting autonomy and mind/body connection*, Sexual and Relationship Therapy DOI:10.1080/14681994.2013.764981

Rosenbaum, T., *The sexual healing journey*, Sexual and Relationship Therapy, DOI:10.1080/14681994.2012.73460

Rosenbaum, T., Padoa, A., *Managing Pregnancy and Delivery in Women with Sexual Pain Disorders*. Journal of Sexual Medicine 2012;9:1726–1735.

Rosenbaum, T., Aloni, R., De-Paauw, E., *The Ultra-Orthodox Jewish Couple in Israel: An interdisciplinary sex therapy case study*. Journal of Sex and Marital Therapy 05/2013; 39(5).

Rosenbaum, T. *How Well Is the Multidisciplinary Model Working?* The Journal of Sexual Medicine, 8: 2957–2958

Rosenbaum, T. *Pelvic Floor Rehabilitation: Indications and Methods*. Minerva Urologica e Nefrologica, 2011 March;63(1):101-7. PMID: 21336249

Rosenbaum, T. *Addressing Anxiety In-Vivo in Physiotherapy Treatment of Women with Severe Vaginismus: A Clinical Approach* (2011) Journal of Sex and Marital Therapy 37(2): 89-93

Rosenbaum, T. *Physical Therapy Treatment of Persistent Genital Arousal Disorder in Pregnancy: A Case Report*. Journal of Sexual Medicine Volume 7, Issue 3, Date: March 2010,1306-1310

Rosenbaum, T. *Musculoskeletal Pain and Sexual Function in Women*. Journal of Sexual Medicine Volume 7, Issue 2, Date: February 2010, Pages: 645-653

Rosenbaum, T., Ben-Dror, I. *The Role of Physical Therapy in the Treatment of Female Sexual Dysfunction*. Harefuah, 2009, 9:148 606-610 (Article in Hebrew)

Rosenbaum, T. *Applying Theories of Social Exchange and Symbolic Interaction in the Treatment of Unconsummated Marriage/Relationship.* Sexual and Relationship Therapy, February 2009, 24:1, 38 – 46

Rosenbaum, T. *The Role of Physical Therapy in Female Sexual Dysfunction* Current Sexual Health Reports, June 2008, 5:97-101 (invited manuscript)

Rosenbaum, T. & Owens, A. *The Role of Pelvic Floor Physical Therapy in the Treatment of Pelvic and Genital Pain Related Sexual Dysfunction/* Journal of Sexual Medicine, March 2008, 5: 513–523

Friedman, M., Labinsky, E., **Rosenbaum, T.**, Schmeidler, J. & Yehuda, R. *History of Past Sexual Abuse in Married Observant Jewish Women.* American Journal of Psychiatry, November 2007, 164:1700-1706

Rosenbaum, T. *Pelvic Floor Involvement in Male and Female Sexual Dysfunction and the Role of Rehabilitation in Treatment: A Literature Review* Journal of Sexual Medicine, January 2007, 4(1): 4-13.

Rosenbaum, T. *The Role of Physiotherapy in Sexual Health: Is it Evidence Based?* Journal of the Association of Chartered Physiotherapists in Women's Health. Autumn 2006, 58-71

Rosenbaum, T. *Postmenopausal Dyspareunia: Beyond Hormone Therapy* The Female Patient November 2006, Vol. 31: 1-5

Rosenbaum, T. *Vaginismus*, editor .The Women's Sexual Health Journal, January 2005, Volume 3
The Women's Sexual Health Foundation

Rosenbaum, T. *Physiotherapy Treatment of Sexual Pain Disorders.* Journal of Sex and Marital Therapy 2004, 31(4)

Ribner, D, **Rosenbaum.** *Evaluation and Treatment of Unconsummated Marriage Among Orthodox Jewish Couples.* Journal of Sex and Marital Therapy 2004, 31 (4)

Whipple, B, **Rosenbaum.** *The Controversy Over Kegels.* The Alexander Foundation for Women's Health Newsletter Issue No. 3, 2004

Rosenbaum, T. *Physical Therapy Treatment of Vulvodynia.* National Vulvodynia Association Newsletter. Volume III, Issue I, Winter 2002

Professional Presentations:

The Unconsummated Relationship: Expanding the role of physical therapists
Yearly conference of the Israeli Women's Health Physiotherapy Association
Jerusalem, Israel
October, 2013

Physical Therapy for treatment of vulvo-vaginal pain
Invited speaker
International Society of the Study of Vulvar Diseases: Postgraduate Course
Tel Aviv, Israel
October, 2013

Sex Therapy in the Ultra-Orthodox population: Case study of an unconsummated marriage
Nefesh Conference
Bnei Brak, Israel
September, 2013

Feminism in the Bedroom: How gender roles and egalitarianism affect sexuality
Kolech Conference
Ramat Gan, Israel
September, 2013

Addressing psychosexual components of chronic pelvic pain in medical and physical therapy practice
Invited Speaker
World Conference on Abdominal and Pelvic Pain
Amsterdam, The Netherlands
June, 2013

Addressing Sexual Pain and Anxiety with Physiotherapy
Invited Speaker
World Sexual Medicine Conference
Chicago, IL
August, 2012

Addressing Sexual Pain and Fear with Mindfulness: An Integrated Workshop for Medical and Mental Health Professionals:
AASECT Conference
Austin, TX

June, 2012

Unraveling the Mysteries of the Pelvic Floor:
AASECT Conference
Austin, TX
June, 2012

Pelvic Floor Dysfunction: Causes and Treatment
Instructional Course
ISSWSH
Jerusalem, Israel
February, 2011

From Immaculate Conception to Mindful Birth: Managing Penetration Disorders in the Childbearing Years
Lunch and Learn
ISSWSH
Jerusalem, Israel
February, 2011

Addressing Anxiety in Pelvic Floor Physiotherapy
Invited Speaker
Conference Pelvic Floor Physiotherapy Macabi
Tel Aviv, Israel
September, 2011

Too Much Information or Not Enough: Sexuality Education in the Religious Sector
Kolech Conference
Jerusalem, Israel
July, 2011

The Experience of Objectification in Young Orthodox Jewish Women Experiencing Sexual Problems
Kolech Conference
Jerusalem, Israel
July, 2011

Addressing Aversion and Pain in the treatment of Severe Sexual Pain Disorders:
Invited Speaker and Educational Course Director
ISSWSH
Scottsdale, Arizona
February, 2011

After the Chuppah: Unconsummated Marriage in the Orthodox Community

Family Institute
Jerusalem, Israel
January, 2011

Pelvic Floor Rehabilitation: Indications and Methods
Invited Speaker: International Urogynecological Association
Tel Aviv, Israel
October, 2010

Marital Intimacy throughout the Lifecycle
Invited speaker: Nefesh Chicago
Chicago, Illinois
May, 2010

The Role of the Pelvic Floor in Women's Sexual Health
Invited speaker: Chicagoland Pelvic Floor Society
Chicago, IL, 2010

Physical Therapy Treatment of Sexual Pain Disorders
Invited speaker: Israeli Urogynecological Association
March, 2010
Tel Aviv, Israel

The Unconsummated Relationship
Invited speaker: State of the Art lecture
Annual Conference ISSWSH (International Society for Women's Sexual Health)
Feb, 2010
Tampa, Florida

Physical Therapy for Persistent Genital Arousal Disorder
Poster Presentation, ISSWSH (International Society for Women's Sexual Health)
Annual Conference
Feb, 2010
Tampa, Florida

The Core and Sexual Dysfunction
Invited Keynote Speaker, International Conference IOPTWH (International
Organization of Physical Therapists in Women's Health)
October, 2009
Lisbon, Portugal

Multimodal Approach to the Treatment of Unconsummated Marriage
Workshop, Women's' Mental Health Annual Conference
September 2008
Beersheva, Israel

Sex is an ADL, Too: Relevance of Sexual Function in Physiotherapy Practice
Invited Lecture, IPTS (Israel Physiotherapy Society)
National Conference, May 2008
Tel Aviv, Israel

The Role of the Pelvic Floor in Male and Female Sexual Dysfunction
Presentation, STARR (Society for Sex Therapy and Research) Annual Conference
March 2008
Chicago, IL

Defining Sexual Pain Disorders
The Role of the Pelvic Floor in Female Sexual Dysfunction
Behavioral Therapy for Sexual Pain Disorders
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference: Preconference Workshop, February 2008
San Diego, CA

Dilemmas of Desire: A Multimodal Approach for Working with Sexless Couples
Invited workshop with Esther Perel, LMFT
ISSWSH Annual Conference
February 2008
San Diego, CA

Can Pelvic Floor Physical Therapy Improve Vaginal Lubrication: Three Case Reports
Poster Presentation, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference
February 2008
San Diego, CA

Putting Intimacy Back into Marriage
Workshop with Anna Wruble, RN, EdD
Workshop, Nefesh Annual Conference
January 2008
Jerusalem, Israel

Pelvic Floor Involvement in Male and Female Sexual Dysfunction
Invited Speaker, HILAM (Israel Sexual Medicine Society)
Annual Conference, July 2007
Tel Aviv, Israel

Understanding the Role of Physical Therapy in Sexual Pain Disorders

Workshop, AASECT (American Association of Sexual Educators, Counselors and Therapists)
Annual Conference, June 2007
Charlotte, NC

The Religious Sex Therapist: Faith and Professionalism in the 21st Century
Workshop with David Ribner, DSW
AASECT (American Association of Sexual Educators, Counselors and Therapists)
Annual Conference, June 2007
Charlotte, NC

The Role of Physiotherapy in Sexual Health: Is it Evidence Based?
Oral Presentation, IPTS (Israel Physiotherapy Society)
National Conference, March 2007
Tel Aviv, Israel

Pelvic floor involvement in male and female sexual dysfunction and the role of pelvic floor rehabilitation in treatment.
Oral Presentation, EFS (European Federation of Sexology)
June 2006
Prague, Czech Republic

Physical Therapy Treatment of Sexual Pain Disorders
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)
Annual Conference
October 2005
Las Vegas, NV

Physiological Approaches to Sexual Disorders
Conference on Multidisciplinary Approach to Female Sexuality
Counseling Center for Women
Female Interdisciplinary Forum,
September 2005
Jerusalem, Israel

Physiotherapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis Syndrome:
A Hands- On Approach
Oral poster presentation, HILAM (Israel Sexual Medicine Society)
National Conference
June 2005
Tel Aviv, Israel

Physiotherapy for Sexual Pain Disorders

Pain and the Mind/Body Connection

Physiotherapy Conference: Medax

May 2005

Tel Aviv, Israel

Psychological Approaches to Dyspareunia: A Review of the Literature

Physiotherapy Conference: Mind and Body in Women's Health Physiotherapy

April 2005

Tel Aviv, Israel

State of the Art Lecture: Physiotherapy for Pelvic Floor Disorders

First Israeli Conference on the Multidisciplinary Approach to Pelvic Floor Dysfunction

January 2005

Tel Aviv, Israel

Sexual Satisfaction Among Married Orthodox Women

ITAM (Israel Sex Therapy Association) Conference

December 2004

Tel Aviv, Israel

Sexual Satisfaction Among Married Orthodox Women

ISSWSH (International Society for the Study of Women's Sexual Health)

Conference

October 2004

Atlanta, GA

Sexual Satisfaction Among Married Orthodox Women

5th Annual American Psychiatric Association Conference

May 2004

New York, NY

Vulvar Pain and Sexual Dysfunction

Nishmat Conference of Women's Health and Jewish Law

July 2003

Jerusalem, Israel

Interstitial Cystitis, Vulvar Vestibulitis, and Dyspareunia: A Physiotherapy Approach

Annual Conference of the Israel Physical Therapy Association

Women's Health Special Interest Group

February 2003

Tel Aviv, Israel

Physical Therapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis:

A Hands-On Approach

Poster, ISSWSH (International Society for the Study of Women's Sexual Health)

Annual Conference, October 2002
Vancouver, Canada

Dyspareunia in Post Menopausal Women: A Therapeutic Response
EFS (European Federation of Sexology)
June 2002
Limasol, Cypress

Helping Religious Couples Deal with the Challenges of Marital Intimacy
NEFESH: Israel Conference
February 2002
Jerusalem, Israel

Female Intimacy and Sexuality in the Golden Years
National Annual Congress of Isha L'isha (Haifa Feminist Center)
June 2001
Haifa, Israel

Professional Organization Appointments

Local Organizing Chair
2012 Conference of the International Society for the Study of Women's Sexual Health
Jerusalem, Israel

International Regional Membership Chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

Certifications committee chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

International outreach committee chair
AASECT (American Association of Sexual Educators, Counselors and Therapists)

Board Member
ISSWSH (International Society for the Study of Women's Sexual Health)

Board Member
Women's Health and Pelvic Floor Special Interest Group of the Israel Physical Therapy Association

Israeli Delegate
IOPTWH (International Organization of Physical Therapists in Women's Health)

Professional Advisory Board
The Women's Sexual Health Foundation

Professional Advisory Board
Alexander Foundation for Women's Health

Professional Affiliations

Fellow-International Association for Sex Research
International Society for the Study of Vulvar Disease
Israeli Society for Sexual Medicine
International Society of Sexual Medicine
Israel Sex Therapy Association: affiliate member
International Society for the Study of Women's Sexual Health
American Association of Sex Educators, Counselors and Therapists
Israel Physical Therapy Association
IPTA Women's Health Interest Group
Female Interdisciplinary Intimacy Forum
Nefesh: The International Network of Orthodox Health Professionals

Education

University of North Texas 2006 -2010
MSc program in Clinical Sociology and Counseling

Neve Yerushalayim
Certificate in Mental Health and Family Studies from

Bachelor of Science in Physical Therapy 1983 -
1984
Northwestern University Medical School
Chicago, Illinois

Touro College 1981 - 1983
New York, NY
Pre-Physical Therapy