

# Talli Y. Rosenbaum, BS, MSc.

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## Profile

*A leader in the field of physical therapy for sexual pain disorders. Private practice physical therapist and AASECT certified sex therapist with over 20 years experience specializing in urogynecological rehabilitation. Individual and couples therapist since 2010.*

## Certifications and Appointments

Associate Editor, Journal of Sexual Medicine

AASECT Certified Sex Therapist

Full Member, International Association for Sex Research

Fellow, International Society for the Study of Women's Sexual Health

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Guest Faculty:

Bar-Ilan University Sex Therapy Program

Puah Institute

Israeli Institute for Family and Marital Studies (YNR)

Tel Aviv University School of Medicine "Sex and Sexuality" course

Herman and Wallace

Owner, Private practice:

Inner Stability, Ltd

Sexual, and Marital and Individual Counseling

Pelvic floor consultation and treatment

Jerusalem, Tel Aviv, Bet Shemesh

Staff member:

Dr. Ronit Aloni, Sex Therapy Clinic

Tel Aviv

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Instructor and Co-coordinator  
Bi-annual Pelvic Floor Rehabilitation Course  
Tel Aviv, Israel

## Publications

### **Book chapters :**

*Physical Therapy: Evaluation of Dyspareunia*  
Female Sexual Pain Disorders: Evaluation and Management by Pukall, C, Goldstein, A. and Goldstein, I.  
Wiley-Blackwell Publishing, Oxford (March 2009)

*Physical Therapy and Sexual Health*  
Sexual Health edited by Owens, A. & Tepper, M.  
Praeger, Westport, CT (2007)

*Judaism and Sexuality* with Ribner, D.  
Sexual Health edited by Owens, A. & Tepper, M.  
Praeger, Westport, CT (2007)

*Physical Therapy Treatment of Sexual Pain Disorders*  
Principles and Practice of Sex Therapy edited by Leiblum, S.  
Guilford Publications (2007)

*Physical Therapy for Female Sexual Dysfunction*  
When Sex Isn't Good by Arleque, L. & Goldstein, S.  
Universe, Lincoln, NB (2007)

*Sexual Anatomy and Physiology and Pregnancy Postpartum Fitness*  
A Lifetime Companion to the Laws of Jewish Family Life by Zimmerman, D.  
Urim Publications, (2004)

### **Journal Publications:**

**Rosenbaum, T**, Surrogate Partner Therapy: Ethical Considerations in Sexual Medicine *Journal of Sexual Medicine* 11/2013

**Rosenbaum, T.** *Expanding the Practice of Sex Therapy* Journal of Sex and Relationship Therapy DOI:10.1080/14681994.2013.853875- 2013

**Rosenbaum, T.**, Vadas, Dor, Kalichman, Leonid., *Sexual Function in Post Stroke Patients: Considerations for Rehabilitation*, Journal of Sexual Medicine DOI: 10.1111/jsm.12343- 2013

**Rosenbaum, T.**, *An integrated mindfulness-based approach to the treatment of women with sexual pain and anxiety: promoting autonomy and mind/body connection*, Sexual and Relationship Therapy DOI:10.1080/14681994.2013.764981

**Rosenbaum, T.**, *The sexual healing journey*, Sexual and Relationship Therapy, DOI:10.1080/14681994.2012.73460

**Rosenbaum, T.**, Padoa, A., *Managing Pregnancy and Delivery in Women with Sexual Pain Disorders*. Journal of Sexual Medicine 2012;9:1726–1735.

**Rosenbaum, T.**, Aloni, R., De-Paauw, E., *The Ultra-Orthodox Jewish Couple in Israel: An interdisciplinary sex therapy case study*. Journal of Sex and Marital Therapy 05/2013; 39(5).

**Rosenbaum, T.** *How Well Is the Multidisciplinary Model Working?* The Journal of Sexual Medicine, 8: 2957–2958

**Rosenbaum, T.** *Pelvic Floor Rehabilitation: Indications and Methods*. Minerva Urologica e Nefrologica, 2011 March;63(1):101-7. PMID: 21336249

**Rosenbaum, T.** *Addressing Anxiety In-Vivo in Physiotherapy Treatment of Women with Severe Vaginismus: A Clinical Approach* (2011) Journal of Sex and Marital Therapy 37(2): 89-93

**Rosenbaum, T.** *Physical Therapy Treatment of Persistent Genital Arousal Disorder in Pregnancy: A Case Report*. Journal of Sexual Medicine Volume 7, Issue 3, Date: March 2010,1306-1310

**Rosenbaum, T.** *Musculoskeletal Pain and Sexual Function in Women*. Journal of Sexual Medicine Volume 7, Issue 2, Date: February 2010, Pages: 645-653

**Rosenbaum, T.**, Ben-Dror, I. *The Role of Physical Therapy in the Treatment of Female Sexual Dysfunction*. Harefuah, 2009, 9:148 606-610 (Article in Hebrew)

**Rosenbaum, T.** *Applying Theories of Social Exchange and Symbolic Interaction in the Treatment of Unconsummated Marriage/Relationship.* Sexual and Relationship Therapy, February 2009, 24:1, 38 – 46

**Rosenbaum, T.** *The Role of Physical Therapy in Female Sexual Dysfunction* Current Sexual Health Reports, June 2008, 5:97-101 (invited manuscript)

**Rosenbaum, T. & Owens, A.** *The Role of Pelvic Floor Physical Therapy in the Treatment of Pelvic and Genital Pain Related Sexual Dysfunction/* Journal of Sexual Medicine, March 2008, 5: 513–523

Friedman, M., Labinsky, E., **Rosenbaum, T.**, Schmeidler, J. & Yehuda, R. *History of Past Sexual Abuse in Married Observant Jewish Women.* American Journal of Psychiatry, November 2007, 164:1700-1706

**Rosenbaum, T.** *Pelvic Floor Involvement in Male and Female Sexual Dysfunction and the Role of Rehabilitation in Treatment: A Literature Review* Journal of Sexual Medicine, January 2007, 4(1): 4-13.

**Rosenbaum, T.** *The Role of Physiotherapy in Sexual Health: Is it Evidence Based?* Journal of the Association of Chartered Physiotherapists in Women's Health. Autumn 2006, 58-71

**Rosenbaum, T.** *Postmenopausal Dyspareunia: Beyond Hormone Therapy* The Female Patient November 2006, Vol. 31: 1-5

**Rosenbaum, T.** *Vaginismus*, editor .The Women's Sexual Health Journal, January 2005, Volume 3  
The Women's Sexual Health Foundation

**Rosenbaum, T.** *Physiotherapy Treatment of Sexual Pain Disorders.* Journal of Sex and Marital Therapy 2004, 31(4)

Ribner, D, **Rosenbaum.** *Evaluation and Treatment of Unconsummated Marriage Among Orthodox Jewish Couples.* Journal of Sex and Marital Therapy 2004, 31 (4)

Whipple, B, **Rosenbaum.** *The Controversy Over Kegels.* The Alexander Foundation for Women's Health Newsletter Issue No. 3, 2004

**Rosenbaum, T.** *Physical Therapy Treatment of Vulvodynia.* National Vulvodynia Association Newsletter. Volume III, Issue I, Winter 2002

## Professional Presentations:

*The Unconsummated Relationship: Expanding the role of physical therapists*  
Yearly conference of the Israeli Women's Health Physiotherapy Association  
Jerusalem, Israel  
October, 2013

*Physical Therapy for treatment of vulvo-vaginal pain*  
Invited speaker  
International Society of the Study of Vulvar Diseases: Postgraduate Course  
Tel Aviv, Israel  
October, 2013

*Sex Therapy in the Ultra-Orthodox population: Case study of an unconsummated marriage*  
Nefesh Conference  
Bnei Brak, Israel  
September, 2013

*Feminism in the Bedroom: How gender roles and egalitarianism affect sexuality*  
Kolech Conference  
Ramat Gan, Israel  
September, 2013

*Addressing psychosexual components of chronic pelvic pain in medical and physical therapy practice*  
Invited Speaker  
World Conference on Abdominal and Pelvic Pain  
Amsterdam, The Netherlands  
June, 2013

*Addressing Sexual Pain and Anxiety with Physiotherapy*  
Invited Speaker  
World Sexual Medicine Conference  
Chicago, IL  
August, 2012

*Addressing Sexual Pain and Fear with Mindfulness: An Integrated Workshop for Medical and Mental Health Professionals:*  
AASECT Conference  
Austin, TX

June, 2012

*Unraveling the Mysteries of the Pelvic Floor:*  
AASECT Conference  
Austin, TX  
June, 2012

*Pelvic Floor Dysfunction: Causes and Treatment*  
Instructional Course  
ISSWSH  
Jerusalem, Israel  
February, 2011

*From Immaculate Conception to Mindful Birth: Managing Penetration Disorders in the Childbearing Years*  
Lunch and Learn  
ISSWSH  
Jerusalem, Israel  
February, 2011

*Addressing Anxiety in Pelvic Floor Physiotherapy*  
Invited Speaker  
Conference Pelvic Floor Physiotherapy Macabi  
Tel Aviv, Israel  
September, 2011

*Too Much Information or Not Enough: Sexuality Education in the Religious Sector*  
Kolech Conference  
Jerusalem, Israel  
July, 2011

*The Experience of Objectification in Young Orthodox Jewish Women Experiencing Sexual Problems*  
Kolech Conference  
Jerusalem, Israel  
July, 2011

*Addressing Aversion and Pain in the treatment of Severe Sexual Pain Disorders:*  
*Invited Speaker and Educational Course Director*  
ISSWSH  
Scottsdale, Arizona  
February, 2011

*After the Chuppah: Unconsummated Marriage in the Orthodox Community*

Family Institute  
Jerusalem, Israel  
January, 2011

*Pelvic Floor Rehabilitation: Indications and Methods*  
Invited Speaker: International Urogynecological Association  
Tel Aviv, Israel  
October, 2010

*Marital Intimacy throughout the Lifecycle*  
Invited speaker: Nefesh Chicago  
Chicago, Illinois  
May, 2010

*The Role of the Pelvic Floor in Women's Sexual Health*  
Invited speaker: Chicagoland Pelvic Floor Society  
Chicago, IL, 2010

*Physical Therapy Treatment of Sexual Pain Disorders*  
Invited speaker: Israeli Urogynecological Association  
March, 2010  
Tel Aviv, Israel

*The Unconsummated Relationship*  
Invited speaker: State of the Art lecture  
Annual Conference ISSWSH (International Society for Women's Sexual Health)  
Feb, 2010  
Tampa, Florida

*Physical Therapy for Persistent Genital Arousal Disorder*  
Poster Presentation, ISSWSH (International Society for Women's Sexual Health)  
Annual Conference  
Feb, 2010  
Tampa, Florida

*The Core and Sexual Dysfunction*  
Invited Keynote Speaker, International Conference IOPTWH (International  
Organization of Physical Therapists in Women's Health)  
October, 2009  
Lisbon, Portugal

*Multimodal Approach to the Treatment of Unconsummated Marriage*  
Workshop, Women's' Mental Health Annual Conference  
September 2008  
Beersheva, Israel

*Sex is an ADL, Too: Relevance of Sexual Function in Physiotherapy Practice*  
Invited Lecture, IPTS (Israel Physiotherapy Society)  
National Conference, May 2008  
Tel Aviv, Israel

*The Role of the Pelvic Floor in Male and Female Sexual Dysfunction*  
Presentation, STARR (Society for Sex Therapy and Research) Annual Conference  
March 2008  
Chicago, IL

*Defining Sexual Pain Disorders*  
*The Role of the Pelvic Floor in Female Sexual Dysfunction*  
*Behavioral Therapy for Sexual Pain Disorders*  
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)  
Annual Conference: Preconference Workshop, February 2008  
San Diego, CA

*Dilemmas of Desire: A Multimodal Approach for Working with Sexless Couples*  
Invited workshop with Esther Perel, LMFT  
ISSWSH Annual Conference  
February 2008  
San Diego, CA

*Can Pelvic Floor Physical Therapy Improve Vaginal Lubrication: Three Case Reports*  
Poster Presentation, ISSWSH (International Society for the Study of Women's Sexual Health)  
Annual Conference  
February 2008  
San Diego, CA

*Putting Intimacy Back into Marriage*  
Workshop with Anna Wruble, RN, EdD  
Workshop, Nefesh Annual Conference  
January 2008  
Jerusalem, Israel

*Pelvic Floor Involvement in Male and Female Sexual Dysfunction*  
Invited Speaker, HILAM (Israel Sexual Medicine Society)  
Annual Conference, July 2007  
Tel Aviv, Israel

*Understanding the Role of Physical Therapy in Sexual Pain Disorders*



Workshop, AASECT (American Association of Sexual Educators, Counselors and Therapists)  
Annual Conference, June 2007  
Charlotte, NC

*The Religious Sex Therapist: Faith and Professionalism in the 21st Century*  
Workshop with David Ribner, DSW  
AASECT (American Association of Sexual Educators, Counselors and Therapists)  
Annual Conference, June 2007  
Charlotte, NC

*The Role of Physiotherapy in Sexual Health: Is it Evidence Based?*  
Oral Presentation, IPTS (Israel Physiotherapy Society)  
National Conference, March 2007  
Tel Aviv, Israel

*Pelvic floor involvement in male and female sexual dysfunction and the role of pelvic floor rehabilitation in treatment.*  
Oral Presentation, EFS (European Federation of Sexology)  
June 2006  
Prague, Czech Republic

*Physical Therapy Treatment of Sexual Pain Disorders*  
Invited Speaker, ISSWSH (International Society for the Study of Women's Sexual Health)  
Annual Conference  
October 2005  
Las Vegas, NV

*Physiological Approaches to Sexual Disorders*  
Conference on Multidisciplinary Approach to Female Sexuality  
Counseling Center for Women  
Female Interdisciplinary Forum,  
September 2005  
Jerusalem, Israel

*Physiotherapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis Syndrome:*  
*A Hands- On Approach*  
Oral poster presentation, HILAM (Israel Sexual Medicine Society)  
National Conference  
June 2005  
Tel Aviv, Israel

*Physiotherapy for Sexual Pain Disorders*

*Pain and the Mind/Body Connection*

Physiotherapy Conference: Medax

May 2005

Tel Aviv, Israel

*Psychological Approaches to Dyspareunia: A Review of the Literature*

Physiotherapy Conference: Mind and Body in Women's Health Physiotherapy

April 2005

Tel Aviv, Israel

*State of the Art Lecture: Physiotherapy for Pelvic Floor Disorders*

First Israeli Conference on the Multidisciplinary Approach to Pelvic Floor Dysfunction

January 2005

Tel Aviv, Israel

*Sexual Satisfaction Among Married Orthodox Women*

ITAM (Israel Sex Therapy Association) Conference

December 2004

Tel Aviv, Israel

*Sexual Satisfaction Among Married Orthodox Women*

ISSWSH (International Society for the Study of Women's Sexual Health)

Conference

October 2004

Atlanta, GA

*Sexual Satisfaction Among Married Orthodox Women*

5<sup>th</sup> Annual American Psychiatric Association Conference

May 2004

New York, NY

*Vulvar Pain and Sexual Dysfunction*

Nishmat Conference of Women's Health and Jewish Law

July 2003

Jerusalem, Israel

*Interstitial Cystitis, Vulvar Vestibulitis, and Dyspareunia: A Physiotherapy Approach*

Annual Conference of the Israel Physical Therapy Association

Women's Health Special Interest Group

February 2003

Tel Aviv, Israel

*Physical Therapy Treatment of Dyspareunia, Vaginismus and Vulvar Vestibulitis:*

*A Hands-On Approach*

Poster, ISSWSH (International Society for the Study of Women's Sexual Health)

Annual Conference, October 2002  
Vancouver, Canada

*Dyspareunia in Post Menopausal Women: A Therapeutic Response*  
EFS (European Federation of Sexology)  
June 2002  
Limasol, Cypress

*Helping Religious Couples Deal with the Challenges of Marital Intimacy*  
NEFESH: Israel Conference  
February 2002  
Jerusalem, Israel

*Female Intimacy and Sexuality in the Golden Years*  
National Annual Congress of Isha L'isha (Haifa Feminist Center)  
June 2001  
Haifa, Israel

## **Professional Organization Appointments**

*Local Organizing Chair*  
2012 Conference of the International Society for the Study of Women's Sexual Health  
Jerusalem, Israel

*International Regional Membership Chair*  
AASECT (American Association of Sexual Educators, Counselors and Therapists)

*Certifications committee chair*  
AASECT (American Association of Sexual Educators, Counselors and Therapists)

*International outreach committee chair*  
AASECT (American Association of Sexual Educators, Counselors and Therapists)

*Board Member*  
ISSWSH (International Society for the Study of Women's Sexual Health)

*Board Member*  
Women's Health and Pelvic Floor Special Interest Group of the Israel Physical Therapy Association

*Israeli Delegate*  
IOPTWH (International Organization of Physical Therapists in Women's Health)

*Professional Advisory Board*  
The Women's Sexual Health Foundation

*Professional Advisory Board*  
Alexander Foundation for Women's Health

## Professional Affiliations

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Fellow-International Association for Sex Research  
International Society for the Study of Vulvar Disease  
Israeli Society for Sexual Medicine  
International Society of Sexual Medicine  
Israel Sex Therapy Association: affiliate member  
International Society for the Study of Women's Sexual Health  
American Association of Sex Educators, Counselors and Therapists  
Israel Physical Therapy Association  
IPTA Women's Health Interest Group  
Female Interdisciplinary Intimacy Forum  
Nefesh: The International Network of Orthodox Health Professionals

## Education

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University of North Texas 2006 -2010  
MSc program in Clinical Sociology and Counseling

Neve Yerushalayim  
Certificate in Mental Health and Family Studies from

Bachelor of Science in Physical Therapy 1983 -  
1984  
Northwestern University Medical School  
Chicago, Illinois

Touro College 1981 - 1983  
New York, NY  
*Pre-Physical Therapy*